

JennyB Stage Presence Workshop

Feedback from 5 participating students

I learned a lot from my session with Jenny B. yesterday.

She really helped me with leaving my emotions behind me before I walk onstage because, as a teenager, my emotions are ever present and sometimes overwhelming. She taught me, rather than hide my emotions away, to deal with them in a more productive way, such as taking nervous energy and using it to provide a more sincere performance that moves people.

Another thing she taught me was the importance of, in a social/show setting, not leaving the audience waiting, as they have spent time and money getting to the show and opening their hearts for your music; and having a good relationship, whether it be professional or personal, with your backing performers because they are there to make the main vocalist shine and be remembered.

Something she emphasised was the need for practice, whether it be solo, duo or with a band, to dispel the nerves and replace the feeling with confidence in your ability, to show the audience nothing but confidence.

Belinda, Year 13.

Meeting Jenny for the first time was the best experience I've ever had because it was the first time I really learnt how to present, overcome and be one with myself on stage. I admired the fact that she demonstrated how some musicians would react on stage and how their emotions would show going on and off the stage.

Enrolling to music last year helped me open more in life and just as Jenny mentioned in her session that, music breaks down barriers within a person.

It is really cool, how she's been to other people's concerts and experience how they perform in a band and as a band.

Overall Jenny's a really awesome person and I hope in the near future that more students would get to meet her and get to learn something awesome from her.

Rashmi, Year 13

Within the two hours that I had with Jenny I learned so many things.

From owning the stage to delivering a flawless performance, I gained so much knowledge about how a stage operates. Jenny also gave us an insight into her personal life growing up and how she managed to be where she is today despite others opinions.

One memorable aspect that I will remember for the rest of my life is that the stairs leading up to the stage is your decision making point. Every single doubt you have should be left below the stairs. Every nerve you have should be changed into energy and this energy will bring power to your performance.

I love performing in front of an audience and Jenny helped me understand that there is more to just getting up on stage and singing a song. It's about the way you connect with

what you are singing and how you interact with your audience. It was such an honour meeting a great, inspirational role model like Jenny. It has become one of the most memorable hours of my life.

Silika, Year 11

Our 1-hour workshop session with Jenny B, has inspired and influenced me as a vocalist. She has shown me, that in order to give out a great performance balancing your inner emotions is key.

The workshop has helped me gain more confidence in myself knowing when I perform I am able to touch the audiences hearts.

Gloria, Year 11

Our session with Jenny B, was amazing!

I really connected with her as a human being, her way of explaining and understanding of what us as performers go through was just so cool.

She said it was a privilege for her to come and share her knowledge with everyone.

What I found awesome was that she let us make our minds up and develop our own ideas about what she was speaking about.

Jenny also gave us some in depth information about the music industry and how you need to connect with "likeminded" people.

What stood out to me the most was how much work you need to put in your craft and not let other people say otherwise.

Caleb, Year 13